

The healing power of positive energy

"At least for today, do not be angry, do not worry, be grateful, work with diligence, and be kind."

By Marsha Kearns

According to Reiki, a Japanese healing energy practice, following these five principles is the way to invite happiness, the best medicine for treating stress and disease.

Our mind, body and spirit all work together to create in us a sense of well-being, happiness, and the state of good health...or not. We have all felt negative energy and know that it can sap our strength and cause illness. The word Reiki (pronounced ray-key) is a combination of "rei," or universal power, and "ki," life force. Reiki generally uses the laying on of hands to transfer positive energy for stress relief and healing in people.

Two California women with upper-level Reiki training have found they can also send positive healing energy over long distances. They do this to treat pets and their owners all over the world without having to see or touch them in person.

Candy Boroditsky, 66, and Ming Chee-Brown, 48, are the partners and pet healers of Reiki Fur Babies. This unique service provides Reiki healing for pets and their people caretakers. They ask for a photo of the pet and a description of its problem. Then they get together and concentrate exclusively on helping one pet at a time.

"People's pets are their family," Chee-Brown said. "When pets are in distress, so are their people parents. We are here to help them all heal."

Chee-Brown visualizes the site and cause of a pet's problem. She can pinpoint where to send the most energy, but she said, "We send energy to every cell in the pet's body."

Boroditsky talks and listens to pets that need help.

"Our pets are here to teach us," Boroditsky said. "I'm a conduit to the communication that a pet and owner crave and need. Anyone can learn to



tune in to their pet's desire and need to communicate with their owner, the one they love most in the world."

Both women are animal lovers and former health care practitioners. They came to Reiki healing through Chee-Brown's physician brother. Their first pet patient was Chee-

Brown's own dog, who suffered from canine hip dysplasia and was cured through Reiki.

Linnie Krauland, 50, is a Reiki master who lives in Grand Junction and owns Lotus Light Healing.

"I have been fighting a rare form of breast cancer for three years," Krauland said. "Reiki has helped me survive chemo, a mastectomy, and the knowledge that there is no cure for my disease."

She performs Reiki on clients and teaches classes. She also has several pets that have been helped by Reiki Fur Babies sessions.

Krauland recently brought Boroditsky and Chee-Brown to Grand Junction for a book signing event at the Art Center. Participants were treated to an interactive Q&A session and given an autographed copy of "Reiki Fur Babies," a quick-read book whose pet owner testimonials of pet healing successes will move you to tears and laughter.

"People want to do anything to help their pets be happy and healthy," Boroditsky said. "All you need for Reiki to work is to have a sliver of hope. Hope is the opening to all possibilities."

According to their many grateful pet owner clients, together, this team works miracles.

You can reach Krauland with Lotus Light Healing at 250-7000 or visit www.lotuslighthealing.com. Call Boroditsky and Chee-Brown at 408-634-8884, or order a copy of their book at www.reikifurbabies.com. ■

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